Caramia Meadow Sage

Salvia nemorosa 'Caramia'

Caramia Meadow Sage flowers
Photo courtesy of NetPS Plant Finder

Plant Height: 12 inches

Flower Height: 16 inches

Spread: 16 inches

Spacing: 14 inches

Sunlight: ○

Hardiness Zone: 4a

Other Names: Perennial Salvia

Description:

A compact, bushy variety with stunning spikes of long lasting dark violet flowers that fade to reveal burgundy calyces on dark stems; somewhat drought tolerant; excellent for the sunny border or containers

Caramia Meadow Sage in bloom
Photo courtesy of NetPS Plant Finder

Ornamental Features

Caramia Meadow Sage has masses of beautiful spikes of violet flowers with burgundy calyces rising above the foliage from late spring to late summer, which are most effective when planted in groupings. The flowers are excellent for cutting. Its fragrant narrow leaves remain dark green in color throughout the season. The deep purple stems are very colorful and add to the overall interest of the plant.

Landscape Attributes

Caramia Meadow Sage is an herbaceous perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Caramia Meadow Sage is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting

Planting & Growing

Caramia Meadow Sage will grow to be about 12 inches tall at maturity extending to 16 inches tall with the flowers, with a spread of 16 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 14 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant should only be grown in full sunlight. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Caramia Meadow Sage is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.